



# ECLECTIC YOGA SERIES

WITH FOREVER FIT & LINDA ESPOSITO

Thursdays 7:30 - 8:45 pm  
August 16th to October 11th, 2018

\*No class week of Labor Day

\$160 for 8 Weeks



*Surrender into bliss • Find inner strength  
Balance your mind and body*

---

CALL 271-7820, EMAIL [FOREVERFITGYM@OPTONLINE.NET](mailto:FOREVERFITGYM@OPTONLINE.NET)  
OR STOP BY FRONT DESK TO RESERVE YOUR SPOT