



ECLECTIC YOGA SERIES

WITH FOREVER FIT & LINDA ESPOSITO

Tuesdays & Thursdays
7:30 - 8:45 pm

\$160 for 8 Weeks • 1 class per week
\$280 for 8 Weeks • 2 classes per week
\$20 Drop In



*Surrender into bliss • Find inner strength
Balance your mind and body*

CALL 271-7820, EMAIL FOREVERFITGYM@OPTONLINE.NET
OR STOP BY FRONT DESK TO RESERVE YOUR SPOT