



Yoga on the Beach

MONDAY, SEPTEMBER 17TH • 6:30-7:30PM • FLEETS COVE BEACH



FREE FOR MEMBERS • NON-MEMBERS \$15

*PLEASE SIGN UP IN ADVANCE BY CALLING (631) 271-7820 OR EMAILING FOREVERFITGYM@OPTONLINE.NET
MEET AT FLEETS COVE BEACH AT 6:20PM • ALL PAYMENTS MUST BE MADE IN ADVANCE • BRING A TOWEL, NOT A MAT